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“A FULL LIFE STORY”
Paintings by Thekla Hammond
Vocal performance by Sine Nomine and Caritas
February 21, 2016, 3:00 pm

San Francisco, CA (2/5/16): On February 21, 2016 at 3:00 pm, Terra Gallery and Events (www.Terrasf.com) will present “A Full Life Story,” an exhibition of paintings by Thekla Hammond and vocal performance by the acapella groups ‘*Sine Nomine*’ and ‘*Caritas*’.

The paintings, which comprise the artist’s work over the past year and a half, utilize abstraction and representation to explore the seemingly contrary and opposite characteristics that comprise a “full life.” The paintings embrace and convey the range of life’s dichotomies—beauty and ugliness, safety and danger, passion and reserve, good and evil, sacred and profane, life and death.

Hammond, who also sings soprano with both vocal groups, has paired the paintings and music to facilitate and deepen the audience’s experience of both. Her previous experience in combining music with visual art (www.TheklaHammond.com) has shown that the inclusion of live music greatly enhances the viewer’s experience. According to Hammond, “When the ears are engaged the eyes are more focused, and when the eyes are engaged listening is more nuanced.” To this end, the event format will have the audience seated directly in front of the paintings, with the singers performing from behind. Two intermissions will allow the audience to change seats in order to view all of the paintings. The music will include a mixture of early (e.g., Byrd, Victoria, etc.) and modern (e.g., Lauridsen, Poulenc, etc.) music that is both exhilarating and contemplative.

‘*Caritas*’ includes: Thekla Hammond, soprano; Lucy Collier, soprano/alto; Barbara Tuse, alto/tenor; Chaz Engan, tenor; and Richard Stanton, bass.

‘*Sine Nomine*’ includes: Thekla Hammond, soprano; Lucy Collier, alto; Griff Hulsey, tenor; and Glen Leggoe, baritone. Richard Riley has served as voice coach for both groups.

About the singing groups:

The quartet *Sine Nomine* has been active in the Bay Area for the past ten to fifteen years, performing at weddings, house parties, concerts, local churches, and yearly at the Oakland Kaiser Hospice Memorial Service. *Caritas* will make its debut February 21st at Terra. The groups will combine voices for some of the larger works.

About Thekla Hammond:

Thekla Hammond has exhibited her work extensively in California and on the East Coast in both commercial galleries and museums. Her exhibition at St. Mary’s College Art Museum, “Visual Language; Mystery and Meaning,” in conjunction with Cheryl Calleri and Christel Dillbohner, was selected as one of the top ten shows in the Bay Area in 2015.

Terra Gallery is located at 511 Harrison (at First Street) San Francisco, 94105.

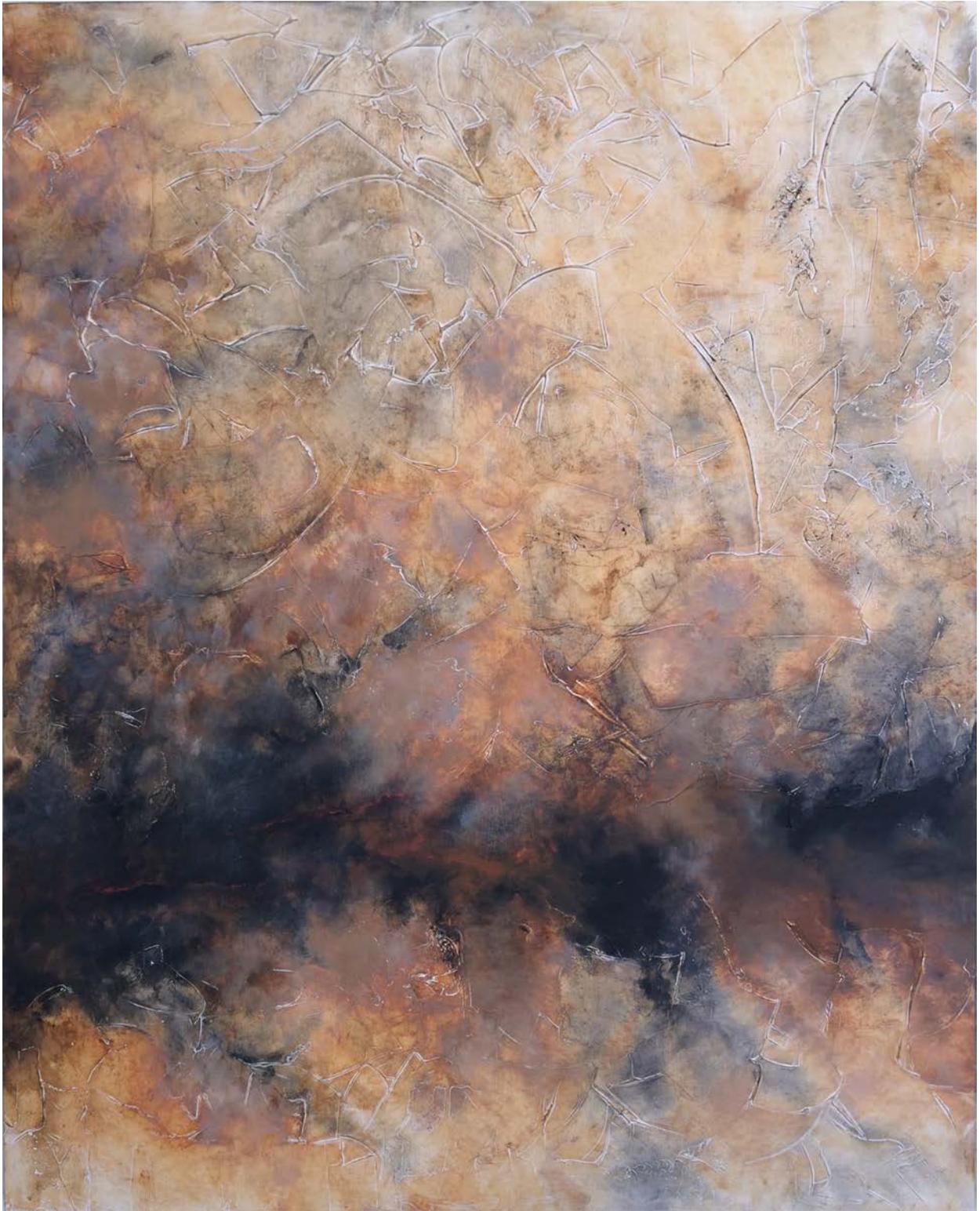
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Photograph of Vocalists:



Front row, left to right: Griff Hulsey, Thekla Hammond, Barbara Tuse, Lucy Collier. Back row, left to right, Richard Stanton, Glen Leggoe, Chaz Engan.

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Untitled, oil on panel - painting from the FULL LIFE STORY series by Thekla Hammond